## Dear Parents,

As per the current health situation in the country regarding Corona virus, 2019, Health Department has issued an Advisory regarding the same.

## Please note:

- 1. Drink hot water at least twice a day.
- 2. Wash your hands and face with medicated soap as frequently as possible.
- 3. Consume vitamin C and include citrus fruits in your diet.
- 4. Avoid shaking hands, hugging or any such activity with any individual showing symptoms of cold &cough
- 5. Avoid going to crowded areas
- 6. Avoid eating outside food
- 7. Use nose & mouth mask recommended.
- 8. Keep surroundings clean & disinfected.

## STAY SAFE STAY HEALTHY... MAKE OUR NATION HEALTHY...

Regards,

**DAV Public School,** 

Ballabhgarh